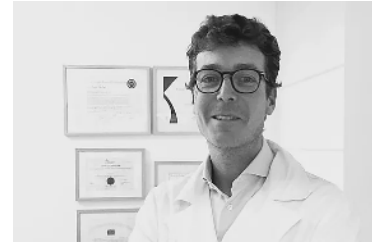


CURRICULUM VITAE

PERSONAL INFORMATION

Name Poucet, Philippe
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Date of Birth xxxxxx



INSTRUCTION

- Name and type of Instruction Italian School of Paediatric Osteopathy, Meyer University Hospital, Florence, I
• Site www.siop-fi.it , www.meyer.it
• Diploma **Diploma in Paediatric Osteopathy, D.P.O.**
- Name and type of Instruction Università dell'Insubria, Faculty of Economics in collaboration with
SDA Bocconi School of Management, Milan, I
• Site www.uninsubria.it , www.sdabocconi.it
• Diploma **Master of Science in General Management**
- Name and type of Instruction University College of Osteopathy, UCO, London, GB (ex British School of Osteopathy, BSO)
• Site www.uco.ac.uk
• Diploma **BSc(Hons) Ost Med**
- Name and type of Instruction Italian Academy of Osteopathic Medicine AIMO, Saronno, I
• Site www.aimo-osteopatia.it
• Diploma **Advanced Diploma in Osteopathy, A.D.O.**
- Name and type of Instruction Collège Belge d'Ostéopathie CBO, Bruxelles, B - www.c-b-o.org
European School of Osteopathy, Maidstone, GB - www.eso.ac.uk
• Diploma **Diploma in Osteopathy D.O. MRO Euro Ost.**
Registered in the Belgian Register of Osteopaths SBO/BVO
- Name and type of Instruction Università dell'Insubria, Faculty of Medicine, Varese, I
• Site www.uninsubria.it
• Diploma **Bachelor in Physiotherapy**
- Name and type of Instruction European School Varese, I
• Site www.eurscva.eu
• Diploma **European Baccalaureat**
- Name and type of Instruction La Jolla Country Day School, San Diego, California, USA
• Site www.ljcds.org
• Diploma **Middle School Diploma**

PROFESSIONAL TRAINING

- Date December 2012 - November 2019
• Name and type of Instruction Upledger Institute International
CranioSacral Therapy CST1, CST2, SER1, SER2, ADV1, CSP1
- Date January 2018
• Nome e tipo di Istruzione FEG
Musculoskeletal Ultrasound Imaging
- Date December 2017
• Nome e tipo di Istruzione SUPSI Scuola Universitaria Professionale della Svizzera Italiana
Finanziare con successo un progetto: collaborare con le fondazioni erogatrici Svizzere, Europee e Americane

- Date
• Nome e tipo di Istruzione

Aprile 2017
EMS Swiss Dolorclast Accademy
Advanced Shockwave Therapy Course
- Date
• Name and type of Instruction

October 2013 – March 2017
Etiomedecine level I, II, III, IV & V, Michel Dejean D.O.
- Date
• Nome e tipo di Istruzione

December 2016
European Institute for Osteopathic Medicine
Osteopatia Biodinamica, René Briend D.O.
- Date
• Nome e tipo di Istruzione

July 2016
Canadian College of Osteopathy & Osteotraining
Encephalon Dynamics & Endocranial Spasms I, Philippe Druelle D.O.
- Date
• Nome e tipo di Istruzione

April 2016
Advanced Osteopathy Institute, Milano, I
An Osteopathic Approach to Fascia and Connective Tissue Continuity, Christian Fossum D.O.
- Date
• Name and type of Instruction

March 2016
Osteoproject, Bologna, I
Specific Adjustment Technique II (S.A.T.), Gez Lamb D.O.
- Date
• Name and type of Instruction

January 2016
Advanced Osteopathy Institute, Milan, I
Osteopathic Care for Woman Throughout Pregnancy, Julie Fendall D.O.
- Date
• Name and type of Instruction

December 2015
Advanced Osteopathy Institute, Milan, I
HVLA Masterclass, Christian Fossum D.O.
- Date
• Name and type of Instruction

December 2015
Advanced Osteopathy Institute, Milan, I
An Osteopathic approach to Sistemic Dysfunctions, Christian Fossum D.O.
- Date
• Name and type of Instruction

September 2015
Osteoproject, Bologna, I
Specific Adjustment Technique I (S.A.T.), Gez Lamb D.O.
- Date
• Name and type of Instruction

October 2014
Osteopathic College, Trieste, I
Osteopathic & Chiropractic Cervical Manipulation, Philip Thomas D.O. BSc Hons
- Date
• Name and type of Instruction

March - September 2014
Associazione di Posturologia Interdisciplinare Svizzera, Lugano, CH
RMP – Riabilitazione Mio-Funzionale Posturale (MyoFunctional Postural Therapy)
- Date
• Name and type of Instruction

March - October 2010
Functional Medicine – Labo Nutergia France
Nutrition Cellulaire Active (Ionic Mineral Enzymo Therapy)
- Date
• Name and type of Instruction

February 2010
American Dry Needling Institute
Evidence-based Integrative Systemic Dry Needling
(Biomedical Acupuncture for Pain Management)
- Date
• Name and type of Instruction

November 2009 – March 2010
F.R.F.D. - Formation et Recherche en Fibrolyse Diacutanée, Bruxelles, B
Fibrolyse Diacutanée (Tenofibrolisi)
- Date
• Name and type of Instruction

February 2009
Internal course at Fisioterapia G-F, Stabio, CH
Neuromuscular Taping, TNM

• Date June - July 2007
• Name and type of Instruction Centre Européen d'Etudes et de Recherches en Thérapies d'Approche Globale, Paris, F
Traitement Posturale Mézières (Mézières Postural Therapy)

• Date October 2006 – January 2007
• Name and type of Instruction **Rééducation Posturale Globale** (Global Postural Reeducation)
Les Chaines Musculaires et Articulaires de G. Denys-Struyf D.O.

• Date (da – a) 2006-2007
• Name and type of Instruction International College of Applied Kinesiology ICAK-UK, London, GB
Applied Kinesiology (100h foundation course - Simon King DC)

SEMINARS

• Date 27 March 2020
• Nome e tipo di Istruzione Istituto Superiore di Sanità, FAD
Emergenza sanitaria da nuovo corona virus SARS CoV-2: preparazione e contrasto

• Date July-December 2017
• Nome e tipo di Istruzione Dott. Luca Speciani
Medicina di Segnale, Dieta GIFT

• Date 16 February 2017 – Varese, I
• Name and type of Instruction **Il ruolo della Medicina Integrativa nella Gestione delle Problematiche Femminili**
(The Role of Integrative Medicine in Female Disorders)
EOC, Ospedale Regionale di Lugano

• Date 17 November 2016 – Lugano, CH
• Name and type of Instruction **Simposio di Traumatologia e Ortopedia: Il Ginocchio Sportivo: Legamenti e Cartilagine**
(Athlete's Knee Injuries)
EOC, Ospedale Regionale di Lugano

• Date 11 November 2016 – Varese, I
• Name and type of Instruction **La Gestione dello Stress e del Surmenage con le Australian Bush Flower Essences**
(Stress Management & Australian Bush Flower Essences)
Dr. Roberto Facincani – Green Remedies

• Date 27 October 2016 – Varese, I
• Name and type of Instruction **Benessere delle Ossa** (Healthy Bones)
Prof. Ivo Bianchi – Solgar srl.

• Date 16 June 2016 – Lugano, CH
• Name and type of Instruction **Simposio di Traumatologia e Ortopedia: L'Artrosi del Ginocchio** (Knee Arthritis)
EOC, Ospedale Regionale di Lugano

• Date 4 February 2016 – Varese, I
• Name and type of Instruction **Il ruolo della Medicina Integrativa nel Controllo dello Stress Psico-Fisico**
(the role of Integrative Medicine in Stress Management)
Prof. Ivo Bianchi – Solgar srl.

• Date 25 Novembre 2015 – Luino, I
• Name and type of Instruction **Disbiosi Intestinale e Patologie Correlate** (Dysbiosis and Correlated Pathologies)
Dott. Luciano Lozio - Bromatech srl

• Date 7 Dicembre 2013 – Taverne, CH
• Name and type of Instruction **Corso di Alimentazione Bilanciata e Naturale** (Natural and Balanced Diet)
Centro Studi Terapie Multidisciplinari Taverne

• Date 6 June 2013 – Bergamo, I
• Name and type of Instruction **Intolleranze Alimentare e Alcat test** (Food Intolerance and Allergy and Alcat test)
Istituto di Medicina Biologica

• Date 13 October 2012 – Milan, I
• Name and type of Instruction **Test Genetico Gene & Diet** (Genetic Test: Gene & Diet)
Istituto di Medicina Biologica

- Date 15 April 2010 – Novaggio, CH
- Name and type of Instruction **Scoliosi idiopatica dell'adolescenza** (Scoliosis in adolescence)
REHA – Ticino, Clinica di Riabilitazione di Novaggio CH
- Date 9 May 2009 – Bergamo, I
- Name and type of Instruction **Nutrition and Inflammation**
Metagenics Belgium SPRL
- Date 24 January 2009 – Bergamo, I
- Name and type of Instruction **Approccio Metabolico in Medicina Osteopatica** (Osteopathic Approach to Metabolic Disorders)
Metagenics Belgium SPRL
- Date 25 May 2008 – Bruxelles, B
- Name and type of Instruction **Inflammation et pathologies auto-immunes: effets bénéfiques des nutriments spécifiques sur la mobilité de vos patients**
(Inflammation and Auto-immune pathologies)
Metagenics Belgium SPRL
- Date 9 March 2008 – Bruxelles, B
- Name and type of Instruction **Comment aborder efficacement votre patient souffrant du syndrome métabolique** (Osteopathic Approach to Metabolic Disorders)
Metagenics Belgium SPRL
- Date 21 June 2007 – Lugano, CH
- Name and type of Instruction Simposio di Traumatologia– **Lesioni della clavicola e della scapola**
(Traumatology: Lesions of the Clavicula and Scapula)
EOC, Ospedale Regionale di Lugano, CH

CONVENTIONS

- Date 2-6 Novembre 2015 – Havana, Cuba
- Name and type of Instruction **1st Interational Congress of the Associazione Svizzera di Posturologia Interdisciplinare - Congresso Internacional Estomatologia 2015**
Palacio de Convenciones de la Habana
- Date 15-17 November 2013 – Milan, I
- Name and type of Instruction **International Congress of Osteopathy, Structure & Function**
Humanitas Congress Center
- Date 24-25 February 2012 – Milan, I
- Name and type of Instruction **I tendini dalla A alla Z** (Tendons from A to Z)
Istituto Clinico Humanitas
- Date 22 October 2009 – Mendrisio, CH
- Name and type of Instruction **1^o Mendrisio Medical Meeting**
Circolo medico del Mendrisiotto, Circolo medico del Luganese SOTI

PROFESSIONAL EXPERIENCE

- Date October 2017 - today
- Name of practice **Ospedale Pediatrico Meyer - Azienda Ospedaliero Universitaria Meyer, Firenze I**
- Site <http://www.meyer.it>
- Type of practice Paediatric Neurosciences, Neurosurgery, Intensive Care Unit, General Surgery
- Type of employment Intern Osteopath
- Date January 2013 - today
- Name of practice **PhysioClinic di P.Poucet, Breganzona & Genestrerio**
- Site <http://www.physioclinic.ch>
- Type of practice Complementary Medicine Clinic & Rehabilitation Clinic
- Type of employment Osteopath / Practice Manager

- *Date* January 2013 - today
- *Name of practice* **Campus Medico, Varese, I**
- *Site* <http://www.campusmedico.it>
- *Type of practice* Medical Center
- *Type of employment* Osteopath

- *Date* August 2007 - July 2016
- *Name of practice* **Still Osteopathic Clinics, Varese, I**
- *Site* <http://www.osteopatia-still.com>
- *Tipo di azienda o settore* Complementary Medicine Clinic
- *Type of employment* Osteopath

- *Date* September 2006 - December 2011
- *Name of practice* **Still Osteopathic Clinics, Bergamo, I**
- *Site* <http://www.osteopatia-still.com>
- *ype of practice* Complementary Medicine Clinic
- *Type of employment* Osteopath

- *Date* 2006 – 2007 Championship
- *Name of practice* **AS VARESE 1910**
- *Site* <http://www.varese1910.it>
- *Type of practice* Professional Football Club
- *Type of employment* Physiotherapist

- *Date (da – a)* 2003 – 2006
- *Name of practice* **Università degli Studi dell'Insubria**
Intern :
- Ospedale di Circolo Fond. Macchi – Ortopedia, Ambulatorio di Riabilitazione, Medicina Interna, Cardio Chirurgia, Cure Intense
- Ospedale del Ponte – Neonatologia, Pediatria
- Ospedale di Luino – Ortopedia
- Ospedale di Cittiglio – Ortopedia, Medicina Interna, Ambulatorio di Riabilitazione
- Ospedale di Gallarate - Ortopedia, Ambulatorio di Riabilitazione, Medicina Interna, Cure Intense
- Fondazione Molina – Riabilitazione Neurologica

LINGUISTIC SKILLS AND COMPETENCES

MOTHER TONGUE:	DUTCH	
OTHER LANGUAGES:	ENGLISH	Excellent
	ITALIAN	Excellent
	FRENCH	Excellent
	GERMAN	Elementary